

What is Assistive Technology (AT)?

It's basically any tool that helps people with disabilities do things more easily on their own.

Think of it like this:

- Ever seen a spoon with a bigger handle? That's assistive technology! It helps someone with a weak grip eat more easily.
- How about computers that you can control with your eyes? That's high-tech assistive technology! It helps people who can't use their hands use a computer.

Who uses assistive technology?

People with disabilities
 People with an injury
 Older adults
 Veterans



What kinds of things count as AT?

Simple tools: Like that special spoon we talked about!

Complex technology: Like eye-controlled computers!

Store-bought items: You can buy lots of AT in stores.

Handmade things: Sometimes people make their own AT.

Modified tools: Regular tools can be changed to make them easier to use.

Specially designed things: Some assistive technology is made for one specific person.

The main point is if it helps a person be more independent, it's assistive technology!

Examples of AT

- adaptive gaming
- alternative seating
- amplified phones
- calculators
- captioning tools
- dining robot
- door openers
- dressing aids
- special garden tools
- eye gaze technologies
- food preparation tools
- grab bars
- magnifiers
- medicine reminders
- modified eating utensils
- orientation and wayfinding
- hearing devices
- personalized computers & tablets
- pet care tools
- ramps
- ride share services
- robots
- screen readers
- sensory tools
- shower chairs
- smart home tools
- special tools for hobbies
- speech devices
- text-to-speech solutions
- vehicle hand controls